



Competition Terms and Conditions

1. This competition is offered by Michelle Chelu contact michelle.chelu@outlook.com
2. The competition will start on Sunday 27th December 2020 and will end at 5pm on Thursday 31st of December 2020.
3. The competition will be run on the Facebook Group This Woman Will and in Michelle Chelu's Instagram account.
 - 3.1 To enter you must like and comment on the post with your goal for 2021.
 - 3.1 A set of further questions will be sent and entry is completed upon receipt of the answers to these questions.
4. Each person may only enter once.
5. The winner will be selected by Michelle Chelu from the answers given to the questions. The winner of the 2 x Zap It! Sessions will be chosen by random. Each entry will be given a unique number and these will be picked by a random number generator.
6. The winners will be announced on Friday 1st of January 2021 and notified the same day.
7. The winners must book their first session by Friday 8th of January 2021.
8. The prizes are:-
 - 8.1 1 x 6 session coaching program delivered by Michelle Chelu worth £299
 - 8.1 2 x 90 minute ZapIt! Sessions with activities to support goal setting
9. This competition is not sponsored, administered, endorsed or assisted by Facebook or Instagram and is in line with the promotion guidelines with these social media platforms.